Honors Physical Science Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Unit 1 Exam Reflection Period\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_

EXAM REFLECTION:

1. On a scale from 1-5 (1 = didn’t study at all…5 being I prepared extremely well), how well did you prepare for Exam 1?
2. What are some strategies or methods you used to study?
3. How many minutes or hours did you spend preparing for the exam? \_\_\_\_\_\_\_\_\_
4. Did your preparation match your score?
5. Why did you miss what you missed? (EX: didn’t check work, didn’t study enough, didn’t answer the entire question, went too quickly, couldn’t remember something, read question wrong, etc.)
6. What will you do the same or differently the next time around? It starts now!

Honors Physical Science Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Unit 1 Exam Reflection Period\_\_\_\_\_\_\_\_ Date\_\_\_\_\_\_\_\_\_

EXAM REFLECTION:

1. On a scale from 1-5 (1 = didn’t study at all…5 being I prepared extremely well), how well did you prepare for Exam 1?
2. What are some strategies or methods you used to study?
3. How many minutes or hours did you spend preparing for the exam? \_\_\_\_\_\_\_\_\_
4. Did your preparation match your score?
5. Why did you miss what you missed? (EX: didn’t check work, didn’t study enough, didn’t answer the entire question, went too quickly, couldn’t remember something, read question wrong, etc.)
6. What will you do the same or differently the next time around? It starts now!

CLASS REFLECTION:

Please rate your agreement with the following statements (1-10 scale, 1 = “never” and 10 = “always”)

1. \_\_\_\_\_ I come to class each day prepared to learn (HW, pencil/paper, Chromebook, mindset).
2. \_\_\_\_\_ I participate in classroom discussions and activities.
3. \_\_\_\_\_ I am engaged in class (head up, taking notes, etc.).
4. \_\_\_\_\_ I demonstrate respect for myself, my instructor(s), and my classmates.
5. \_\_\_\_\_ I complete my assignments and turn them in on time.
6. \_\_\_\_\_ I spend time outside of class to prepare for tests and quizzes.
7. \_\_\_\_\_ I do not socialize with my friends or neighbors at inappropriate times.
8. \_\_\_\_\_ My class comments are to promote the science learning of all. (not to distract)
9. \_\_\_\_\_ I find myself on my Chromebook playing games or doing other homework in class.

My goal for the remainder of the semester is…

My parents and instructor(s) can help me reach this goal by…

CLASS REFLECTION:

Please rate your agreement with the following statements (1-10 scale, 1 = “never” and 10 = “always”)

1. \_\_\_\_\_ I come to class each day prepared to learn (HW, pencil/paper, Chromebook, mindset).
2. \_\_\_\_\_ I participate in classroom discussions and activities.
3. \_\_\_\_\_ I am engaged in class (head up, taking notes, etc.).
4. \_\_\_\_\_ I demonstrate respect for myself, my instructor(s), and my classmates.
5. \_\_\_\_\_ I complete my assignments and turn them in on time.
6. \_\_\_\_\_ I spend time outside of class to prepare for tests and quizzes.
7. \_\_\_\_\_ I do not socialize with my friends or neighbors at inappropriate times.
8. \_\_\_\_\_ My class comments are to promote the science learning of all. (not to distract)
9. \_\_\_\_\_ I find myself on my Chromebook playing games or doing other homework in class.

My goal for the remainder of the semester is…

My parents and instructor(s) can help me reach this goal by…